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**ASSESSING THE NEED FOR COUNTERMEASURES FOR REHABILITATION  
OF FARMLANDS, CONTAMINATED BY HEAVY NATURAL RADIONUCLIDES**

Mentioned research is about the intake of heavy natural radionuclides ( $^{210}\text{Pb}$ ,  $^{210}\text{Po}$ ,  $^{226}\text{Ra}$ ,  $^{232}\text{Th}$ ,  $^{238}\text{U}$ ) in human body with food and water. The methodology is proposed for evaluating the need for rehabilitation in affected areas.

*Keywords:* heavy natural radionuclides, foodstuffs, rehabilitation of lands.